

Welcome to the

2018 Annual Conference Educational Sessions

Session: The Importance of Grit in Leadership





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OBJECTIVES

At the end of this session you will be better able to:

 Implement new leadership tools that build your leadership skills.

 Develop those skills across the teams as you lead in order to build high-performing teams.

BENEFIT



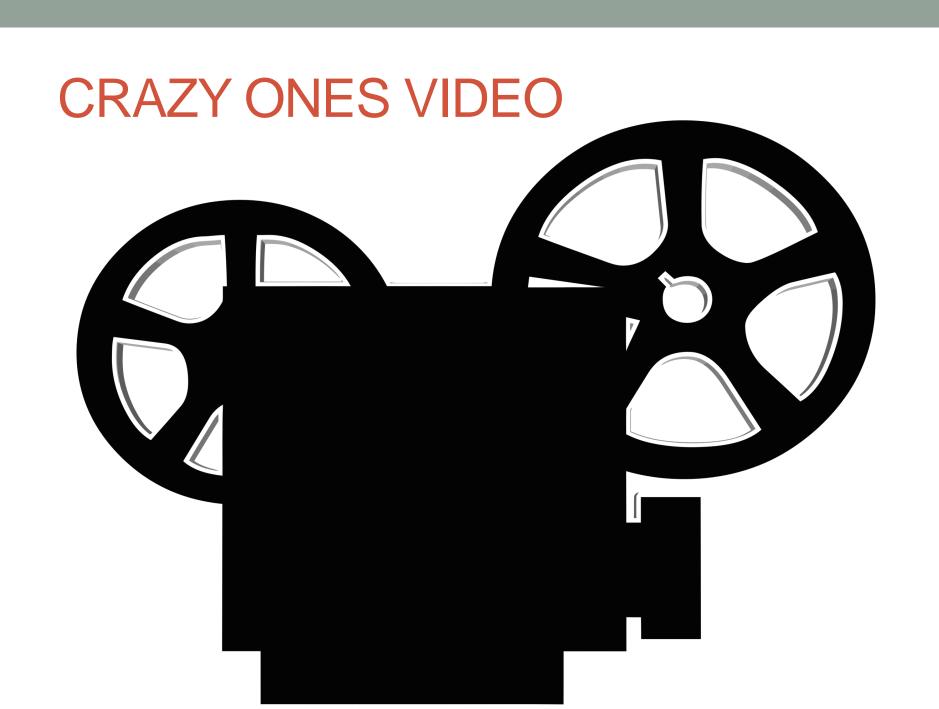
The implementation of new leadership skills will:

- prepare participants to find purpose and meaning,
- move beyond smart goals toward process goals, and
- will result in high performing individuals and teams who are committed to the task at hand because they genuinely believe in the mission/purpose of their organization.

•	Confidence	(15 minutes)
	Crazy Ones video	,
	Small Intro w/definition	
	 I first stumbled upon this with personal soccer bench story 	
	Celine Dion story	
•	Repetition, repetition	(10 minutes)
	Driving a stick shift example	
	Repetition paired with persistence	
•	Interpretation of feedback	(15 minutes)
	Kyle story	
	 Careful who you give your power away to 	
	 Role and power of affirmations 	
•	Centering and thought stopping	(20 minutes)
	Cigarette cessation story	
	EPL story	
	 Lubrimowski study 	
	• Letter	
•	Role of building confidence in others	(10 minutes)
	 Catching them being good 	
	Pygmalion effect	
•	Grit-role	(15 minutes)
	 Duckworth spelling bee story 	
	 West Point beast barracks 	
	 Dweck growth mindset—praise the process 	
•	Summary and Debrief	(5 minutes)
•	a) Close with the video with narration	



CONFIDENCE



INTRODUCTION









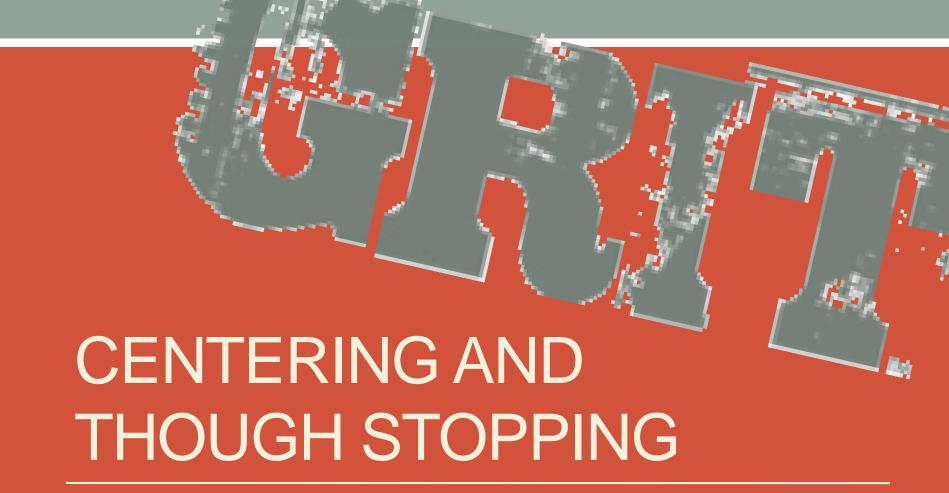








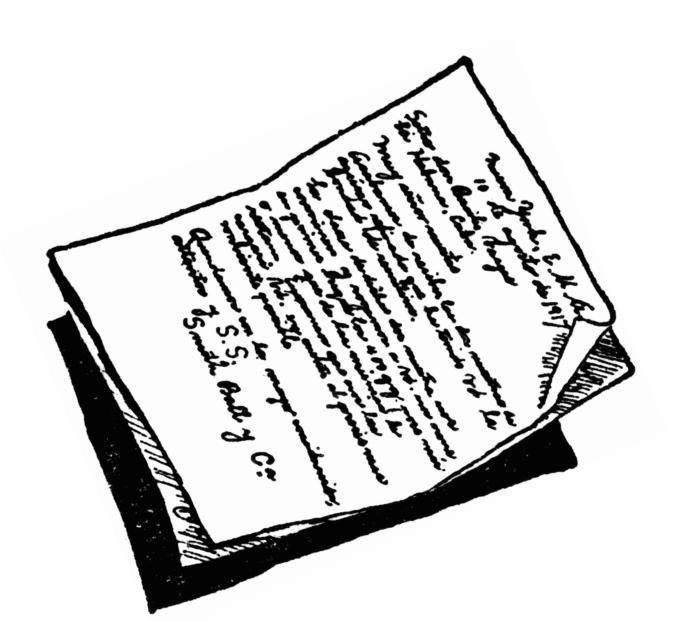






EPL STORY

LUBRIMOWSKI STUDY







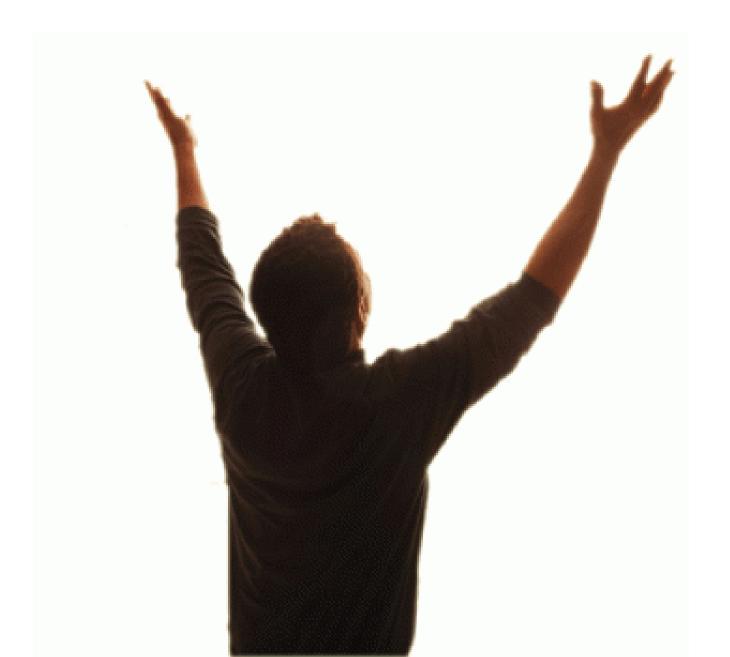




GRIT ROLL







SUMMARY AND DEBRIEF



Thank You For Attending

